

# LOtC Curriculum Map



Experiences will build upon each other (actual age and Year Group is less important)

Every student at ACE Tiverton has the opportunity to take part in at least two six week LOtC Programmes each year from Year 7 through to Year 11.

LOtC enables students to develop knowledge, understanding and skills in:



Exploration

- students have opportunities to:
- explore local areas through walking
  - explore a range of outdoor environments
  - explore through outdoor activities such as scrambling and paddle boarding
  - develop independent journeying skills



Outdoor Living Skills

- students have opportunities to:
- develop their self reliance and think about their impact on the environment
  - learn about what to bring to be comfortable in different outdoor environments
  - demonstrate Leave No Trace Principles
  - assist with food preparation in an outdoor setting
  - set up a camp outdoors
  - learn map reading
  - learn first aid



Teamwork

- students have opportunities to:
- work as part of a team
  - explore group roles and responsibilities
  - lead their peers
  - manage discussions and reach agreements
  - undertake team projects
  - review team functioning and their impact on others



Activity Skills

- students have opportunities to take part in a range of outdoor activities including but not limited to:
- Bushcraft skills
  - Navigation (orienteering)
  - Canoeing
  - Paddleboarding
  - Climbing
  - Abseiling
  - Scrambling
  - Mountain Biking
  - Rock Pooling (crabbing)
  - Expedition training
  - Camping
  - First Aid training



Risk Management

- students have opportunities to:
- understand basic safety outdoors
  - develop their understanding in different environments
  - make safe decisions
  - assess and manage risk when planning and taking part in outdoor activities
  - develop skills for assessing and managing risk independently and understanding the difference between real and perceived risk



Environmental Awareness

- students have opportunities to:
- develop their natural curiosity
  - identify fears of nature and outside environments
  - talk about the natural world
  - reflect on their experiences outdoors
  - express emotions and responses to nature
  - understand how the weather affects us outdoors
  - understand national and local codes such as the Country Side Code



Conservation

- students have opportunities to:
- create a minimal impact approach when outdoors
  - improve their local environment
  - recognise the impact on and care for other species in the outdoors
  - discuss invasive species and what they mean for local habitats
  - take part in local conservation projects



Connections to Nature

- students have opportunities to:
- think about nature as our friend
  - explore what impact humans play in shaping the natural world
  - local and global natural history
  - explore folklore, myths and legends
  - visit sites at different times of year and using different methods
  - think about the "bigger picture" and understand the importance of the natural world



Health & Well Being

- students have opportunities to:
- run, jump, roll, climb, play and explore in the outdoors
  - understand the importance of open space and fresh air
  - identify activities that they would like to take part in
  - identify where they can go to enjoy the outdoors
  - understand the benefits of outdoor activities for health and well being

