

LOtC Overview Map



Experiences will build upon each other (actual age and Year Group is less important)

Every student at ACE Tiverton has the opportunity to take part in at least two six week LOtC Programmes each year from Year 7 through to Year 11.

The LOtC Curriculum overlaps the school timetable and ALL activities are "challenge by choice" with students being encouraged to take part through progressive experiences.

Activities

May include but not limited to:

- Bushcraft skills
- Navigation (orienteering)
- Canoeing
- Paddleboarding
- Climbing
- Abseiling
- Scrambling/Weaseling
- Mountain Biking
- Rock Pooling (crabbing)
- Expedition training
- Camping
- First Aid training

LOtC allows students to take part in outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage them to work in a team, building on trust and developing skills to solve problems, either individually or as a group

LOtC is about providing opportunities for success outside of the traditional curriculum where students test themselves against the environment and the demands of an activity rather than grades, data or their peers.

Students will take learning journeys to develop positive relationships with the environment, others and themselves through constructive and meaningful engagement with the outdoors.

“First we change the environment, thereafter the environment changes us.”
(Winston Churchill)

“Spending time in the natural environment – as a resident or a visitor – improves our mental health and feelings of well-being. It can reduce stress, fatigue, anxiety and depression. It can help boost immune systems, encourage physical activity and may reduce the risk of chronic diseases such as asthma”
‘A Green Future: Our 25 Year Plan to Improve the Environment’ (HM Government, 2018)

